Zion Senior League
“Seniors on the Go”

2020 Program and Activities

Zion Baptist Church
4850 Blagden Avenue, NW
Washington, DC 20011

“Restoring Community: We’ve come this far by Faith”

Joel 2:25-27
25- And I will restore to you the years that the locus hath eaten, the cankerworm, and the caterpillar, and the palmerworm, my great army which I sent among you. 26- And ye shall eat in plenty, and be satisfied, and praise the name of the Lord your God, that hath dealt wondrously with you: and my people shall never be ashamed. 27- And ye shall know that I am in the mist of Israel, and that I am the Lord your God, and none else: and my people shall never be ashamed.

I Peter 1:7
These have come so that your faith—of greater worth than gold, which perishes even though refined by fire—may be proved genuine and may result in praise, glory and honor when Jesus Christ is revealed.

Rev. Dr. Keith W. Byrd, Sr., Pastor
Deacon Donella Jo Darby, President/Activity Coordinator
www/ziondc.org
SERMONS WE SEE

I’d rather see a sermon than hear one any day,

I’d rather one should walk with me than merely show the way.

The eye’s a better pupil and more willing than the ear;

Fine counsel is confusing, but example’s always clear.

And the best of all the preachers are the men and women who live their creed.

For to see the good in action is what everyone needs.

I can soon learn how to do it if you’ll let me see it done.

I can watch your hands in action, but your tongue too fast may run.

And the lectures you deliver may be very wise and true;

But I’d rather get my lesson by observing what you do.

For I may misunderstand you and the high advice you give,

But there’s no misunderstanding how you act and how you live.

By: Edgar A. Guest
2020 Program Schedule

*Carter Barron Parking is located at 16th & Colorado Avenue, NW. Washington, DC

January

January 23, 2020 10:00 AM – 12:00 Noon  Annual Business Meeting- Church Chapel

A time to reflect on the 2019 program experiences and activities with comments, observations and suggestions for the 2020 program year.

Lunch to follow in the A. J. Edwards Fellowship Hall.

No cost

February -- No activity

March

Thursday, March 19, 2020  “For You To Know”  Zion Baptist Church, Washington, DC.

“What Older Americans Need to know” session - The 2020 census

Presenter: from AARP - Church Chapel - 10:00AM

After session lunch at Joe Theisman’s Restaurant, Alexandria, VA.

Bus will leave Carter Barron Parking -- 1:00 PM  Return: 5:00 PM  Cost: $40.00

April

Thursday, April 16, 2020  “The Road to Freedom: The Longwood Progressive Meeting House”  Kennett Square, PA.

Chester County was an important stop for freedom seekers on their way North. The meeting House in Kennett Square became a beacon to reformers. Renowned speakers and visitors included: Frederick Douglas, Harriet Tubman, Susan B. Anthony and Sojourner Truth to name a few. Tours of the Kennett Underground Railroad leave from the Longwood Progressive Meeting House.

Lunch at Perkins Restaurant will follow the tour.

Bus will leave Carter Barron Parking at 8:00 am  Return at 6:00 pm  Cost: $45.00

May

Thursday, May 21, 2020  Shop and Lunch  Hagerstown, Md

We will begin the day shopping at “Lancaster Dutch Market” in Germantown, Md. and go to Hagerstown, Md. for lunch at Cracker Barrel Restaurant and shopping at Hagerstown outlets.

Bus will leave Carter Barron Parking 9:00 AM – Return 6:00 PM  Cost: $35.00
2020 Program Schedule

June

Thursday, June 18, 2020 “A Day at the Beach” – Ocean City, Md.

A ride to Ocean City, Md and a visit to Assateague Island to see and enjoy a sightseeing cruise with lunch at Phillips Crab House. If time permits we will enjoy a walk on the boardwalk for an ice cream cone.

Bus will leave Carter Barron Parking 8:00 AM Return at 7:00 PM Cost $65.00

July

Thursday, July 16, 2020 “Queen Esther” Sight and Sound Theatre, Lancaster, PA.

“Queen Esther” is the captivating tale of beauty and bravery. Esther’s ordinary life changed forever when she was taken through the palace doors entering a new world of royalty and risk. With the crown on her head and secrets in her heart can she find the courage to trust and believe God’s plan that she was made for such a time as this.

Lunch will be at Shady Maple Complex before the show.

Bus will leave Carter Barron Parking 8:00 AM -- Return 8:00 PM

Cost: Adults - $100.00, Teens (13-17 yrs old) $80.00, Children (12 yrs. and below) $50.00

August – NO ACTIVITIES

September

Wednesday, September 16, 2020 Riverside Theatre (Dinner-Theatre) Fredericksburg, VA.

(NEW DAY AND ACTIVITY) “Guess Who’s Coming to Dinner”

A progressive white couple is forced to face their proud liberal beliefs when their daughter brings home her black fiancé to meet her parents. The parents are fearful for her future because of this whirlwind romance. They quickly realize the difference between supporting a mixed race couple in the newspaper and welcoming one into your family.

Bus will leave Carter Barron Parking 9:00 AM – Return 7:00 PM Cost: $70.00
2020 Program Schedule

Monday, September 21, 2020 to Friday, September 25, 2020

Hilton Head Island, SC and Savannah, GA. And a Gullah and Geechee Tour of the Low country

Hilton Head Island has a long and illustrious history. The modern day plantations are the same boundaries as the old cotton plantations prior to the Civil War. Isolated by the waterways and plantations of the region, African slaves maintained and developed unique language and customs in a region now known as the Gullah and Geechee Low Country. A visit to the Penn Center and York W. Bailey Museum, a tour of the Freedom Trail in Savannah, GA, First African Baptist Church, River Street District, and enjoy the beautiful Hilton Head resort that hosts thousands of tourists each year.

It is suggested that trip cancellation insurance be purchased (NTA Travel Protection Plan by Berkley Insurance). Call Donella Jo Darby, (202) 244-5656 for information.

Bus will leave Carter Barron Parking on Monday, September 21, 2020 at 7:00AM and return on Friday, September 25, 2020 at 7:00 PM  Trip must be paid in full by August 1, 2020.

Cost (double occupancy - per person) $629 - Single occupancy $779.00  Call (201) 244-5656 for information

October

Thursday, October 15, 2020 – Friday, October 16, 2020  Fall Foliage Overnight Getaway
Romney, West VA.

Enjoy a three hour train ride on the Potomac Eagle with lunch on the train. The trip includes breakfast, dinner, lodging and shopping on the return trip on Friday, plus a chance to enjoy the beautiful “Fall Foliage” of West Virginia and Virginia along with the wonderful fellowship. Overnight lodging at Hilton Garden Inn, Winchester, VA.

Bus will leave Carter Barron Parking at 7:00am on Thursday, October 15, 2020 and Return at 7:00 pm on Friday, October 16, 2020

Cost: $210.00 per person-double occupancy -- $250.00 per person – single occupancy

This Trip must have 25 Travelers and Paid deposits of $50.00 by April 1, 2020 and Paid in full by September 1, 2020.

No cancellations or refunds after September 1, 2020.

November

Thursday, November 19, 2020  “Deck the Halls” American Music Theatre, Lancaster, PA.

A familiar sound welcomes the Holiday Season. The Christmas show at the American Music Theatre is an enjoyable tradition. “Deck the Halls” will warm your heart and touch your soul with world class performances and sentimental tributes to the true meaning of Christmas. Lunch will be at Shady Maple Complex before the show.

Bus will leave Carter Barron Parking 8:00 AM and return 8:00 PM  Cost $70.00

December

Thursday, December 17, 2020  “Birthday Party For Jesus”  NO COST

Celebrate Jesus’ Birth with carols, games, recognition of the “Senior of the Year” and a Christmas message followed by lunch. Please bring a wrapped (white tissue paper) Christmas token gift, (toiletries and other items wrapped in white tissue paper) that can be used by residents in a Nursing Home. This is our Annual Nursing Home Project.

12:00 Noon – 3:00 PM  Zion Baptist Church  --  A. J. Edwards Fellowship Hall

RESERVATIONS REQUESTED – PLEASE!!
The Senior League 2020 Activity Program is presented here. Please make your selections by checking all that you wish to participate in. Please mail this Reservation Form along with your deposit or full payment for your trip(s). On envelope put Senior League - Zion Baptist Church - 4850 Blagden Avenue, NW, Washington, DC 20011. The minimum deposit for each day trip is Ten ($10.00) dollars for each seat/per person. (EXAMPLE: 3 persons = $30.00). For each overnight trip the minimum deposit is $50.00 per person. Make checks payable to Senior League. Full payment is due one month before the trip. We look forward to a wonderful year of fellowshipping together.

### 2020 Trip Activities

<table>
<thead>
<tr>
<th>Name: __________________________</th>
<th>Birthday (M/D) __________</th>
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<tbody>
<tr>
<td>Address: ______________________</td>
<td>Zip Code: ______________</td>
</tr>
<tr>
<td>City/State: ___________________</td>
<td>Other Number/email: ______</td>
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</tbody>
</table>

How will you get to and from our departure location?
- Drive: _______  Get a ride: _______  Bus: _______  Cab: _______

Special Needs: (if any): ________________________________

### 2020 Activities

<table>
<thead>
<tr>
<th>Date</th>
<th>Activity</th>
</tr>
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<tbody>
<tr>
<td>Thursday, January 23, 2020</td>
<td>February 2020 – No activity</td>
</tr>
<tr>
<td>Wednesday, September 16, 2020***</td>
<td>August 2020 – No activity</td>
</tr>
<tr>
<td>Thursday, March 19, 2020</td>
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<tr>
<td>Thursday, April 16, 2020</td>
<td>Monday, September 21, 2020 – Friday, September 25, 2020 **</td>
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<tr>
<td>Thursday, May 21, 2020</td>
<td>Thursday, October 15, 2020 – Friday, October 16, 2020 **</td>
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<tr>
<td>Thursday, June 18, 2020</td>
<td>Thursday, November 19, 2020</td>
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<tr>
<td>Thursday, July 16, 2020</td>
<td>Thursday, December 17, 2020</td>
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</tbody>
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**December 17, 2020 Birthday Party for Jesus (Reservation Requested – No cost)**

NOTE: ***New Day – Wednesday, September 16, 2020

** If overnight please indicate Roommate’s name:

### 2020 Program Schedule
HILTON HEAD ISLAND & SAVANNAH

5 DAYS – 4 NIGHTS

Day 1 – Depart from your hometown and head south to beautiful Hilton Head Island, SC. After checking into your hotel, enjoy dinner at a local restaurant.

Day 2 – Enjoy breakfast, then depart for a guided tour of Hilton Head Island. The island is named for the English sea captain, William Hilton, who surveyed this area for the Lords Proprietors in 1663. It boasts a long and illustrious history although there are not many buildings left to attest to it. The modern-day plantations are the same boundaries as the old cotton plantations prior to the Civil War. The island is now a beautiful seaside resort hosting thousands of tourists each year. Following the tour, spend the remainder of the day enjoying the island, and dinner is included this evening.

Day 3 – Early breakfast, then depart for Gullah & Geechee Tour of the Lowcountry. Isolated by the plantations and waterways of the region, African slaves maintained and developed language and customs that were unique to the region. In 1862 Southern whites fled the Lowcountry Sea Islands as Union troops took control of the Port Royal Sound. They left behind their plantations, many of their belongings and some 10,000 enslaved people who found themselves suddenly free. Schools were set up to teach and train the newly freed people and of them was the Penn Center. The York W. Bailey Museum chronicles the center’s important history as a place of education, activism and community-building. Following your visit, you will return to Hilton Head Island for dinner.

Day 4 – After breakfast, travel to Savannah’s Visitor Center where you will meet your guide for a Freedom Trail Tour of Savannah. Your guide traces the history of the city and the African-Americans that lived, struggled and help make it what it is today. You will see the waterfront, former slave market and visit the First African Baptist Church. Dating back to 1773, it is the oldest black church in North America. After the tour, a stop at Savannah’s River Street District will allow you time to browse the unique shops and enjoy lunch on your own at one of the fine restaurants. In the afternoon, visit the Ralph Mark Gilbert Civil Rights Museum named in honor of the late Dr. Ralph Mark Gilbert, the father of Savannah’s modern day Civil Rights Movement and leader of the NAACP. It chronicles the civil rights struggle of Georgia’s oldest African-American community from slavery to the present. Tonight enjoy a southern buffet dinner at the Sisters of the New South Restaurant, before returning to Hilton Head Island and your hotel.

Day 5 – Following breakfast, check out and prepare for your departure home with fond memories of Hilton Head Island & Savannah.

THANK YOU FOR ALLOWING WHITE STAR TOURS TO BE A PART OF YOUR TRAVEL PLANS!

TRIP CANCELLATION PROTECTION

Cancellation protection insurance is encouraged for medical emergencies that may occur and is valid for trips booked through White Star Tours. The enhanced option for pre-existing conditions must be paid within 14 days from the day the first deposit for the trip is paid to the organization and/or group leader. To purchase the protection, please contact NTA/AON Insurance via their website at https://nta.aontravelprotect.com or phone directly at 1-800-388-1470 and provide the Tour Operator Locator #386097.
HILTON HEAD ISLAND, SC & SAVANNAH, GA

5 DAYS - 4 NIGHTS

SEPTEMBER 21 - 25, 2020

$629.00 Per Person
Double Occupancy

PACKAGE INCLUDES:

* 4 Nights Lodging on Hilton Head Island
* 4 Breakfasts
* 4 Dinners including Sisters of the New South
* Guided Tour Hilton Head Island
* Freedom Trail Tour of Savannah including First African Baptist Church
* Gullah-Geechee Lowcountry Tour
* York W. Bailey Museum of the Penn Center
* Ralph Mark Gilbert Civil Rights Museum
* Millionaires Village
* Savannah's River Street District
* Old City Market
* Souvenir Gift
* Luggage Handling
* Taxes & Meal Gratuities
* Motorcoach Transportation

Cancellation insurance available - see other side for details

FOR INFORMATION AND RESERVATIONS CONTACT:

ZION SENIOR LEAGUE
Donella Jo Darby
5421 Nevada Avenue NW
Washington, DC 20015
(202) 244-5656

26 E. Lancaster Avenue, Reading PA 19607 * 610-775-5000 * 800-437-2323 * www.whitestartours.com
Adult Activity Participation Form and Release of Liability for 2020

Organization/Group: Senior League
Sponsor:
Activity: __________________________________________  Date:____________________
Departure Time: _____________________  Expected Return Time: __________________
Any Cost?: _____________________  When Due?: _____________________

Participant Responsibility:
I, _________________________, agree that I will conduct myself on this activity in a way that would be pleasing to the Lord and a positive representation of my family and Zion Baptist Church. I understand the activity, the mode of transportation, the leadership accompanying the group and all other circumstances relating to this activity. I certify that I am in good health and can participate in all normal activities of the group with the following exceptions: __________________________________________. I understand that reasonable measures will be taken to safeguard the health and safety of the group, and that I will receive appropriate care in case of an emergency. However, in the event of sickness or accident, I will not hold the group sponsors(s) or Zion Baptist Church responsible. In case of sickness or accident, I authorize the calling in of a doctor and/or the providing of other necessary medical services. I agree to pay for all medical services provided. I agree to release the church from any liability associated with this activity.

_I have read the above statement and understand the information contained therein._

Printed Name: ______________________________________  Signature:____________________
Home Phone: (     ) _____________________  Work Phone (     ) _____________________
Address: __________________________________________  City/State:____________________

Name of person to contact in the event of an emergency:
Name: _________________________  Phone (     ) _____________________

_Please provide emergency health care information on the back of this form._
Consent for Emergency Medical Treatment of an Adult
Please print all information except where a signature is requested.

Name:_____________________________________________ Date of Birth:___________________________

Address:_________________________________________ City/State:_______________________________

Home Phone: ( ) __________________ Work Phone: ( ) __________________ EMAIL: _________________

Person to contact in event of an emergency:
Name:___________________________________________ Phone: ( ) _____________________________

Do you have any health challenges, limitations, allergies or other conditions? Yes____ No_______
If yes, please describe:

Does the above restrict any activities? Yes____________ No______________
If yes, to what extent?

Are you taking any medication? Yes____________ No______________
If yes, please list:

Name of Medication  Reason for taking  Amount and Frequency

Health Insurance Company:_________________________ ID#_______________________________

Primary Care Physician___________________________ Phone #: _____________________________

In the event of a serious emergency, you will be taken to the nearest available hospital emergency room.
You will be responsible for any charges incurred.

I have read the above statement and I understand the information contained therein.

Signature:_________________________________________ Date__________________________
Emergency Cell Phone Contact Numbers for the Day of the Trip!

From time to time emergencies arise with us all. If you are booked on a trip on a day of travel and you:

- are running late;
- are stuck in traffic;
- are experiencing a health related challenge;
- are not up to traveling;
- are waiting for a ride, cab or the bus;
- or for any other reason,

Please use the cell phone numbers listed below and alert one of these persons of your situation.

- Donella Jo Darby – (202) 904-7402
- Oceola Y. Briscoe – (301) 996-2893
- Rosalyn Jones – (301) 641-4018
- Brian Saunders -- (202) 288-3058

Please use these numbers on the day of your travel only. Please advise the leaders of your phone number.

For Reservations and Cancellations and other details and information:

For reservations, and other details and information please call Deacon Donella Jo Darby, President/Activity Coordinator: 202-244-5656.

Make checks payable to: Senior League (DO NOT INSERT THE WORD – “ZION”)

C/O: Donella Jo Darby
Zion Baptist Church
4850 Blagden Avenue, NW.
Washington, DC 20011

Sample Check

<table>
<thead>
<tr>
<th>YOUR NAME</th>
<th>CHECK NUMBER</th>
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</thead>
<tbody>
<tr>
<td>ADDRESS</td>
<td>Date</td>
</tr>
<tr>
<td>PAY TO: Senior League $ AMOUNT</td>
<td></td>
</tr>
<tr>
<td>$ AMOUNT DOLLARS</td>
<td></td>
</tr>
<tr>
<td>Dates of trip(s) this payment is for</td>
<td>Signature:______________</td>
</tr>
</tbody>
</table>
FOR YOUR INFORMATION

The Senior League is committed to providing fun, exciting, safe and interesting outings and events for all of our members and friends. In order to do this for tour operators, restaurants, hotels, and travel related businesses, the League must pay for Dinner Theatres and shows in advance. Deposits, on overnight trips paid to a travel company, are not refunded. **No refund can be made unless there is a waiting list or replacement for the vacancy.** If there are questions concerning refunds of payments or deposits, please contact the coordinator (202) 244-5656.

If you are traveling with someone and would like to be seated together, or if there are special needs or seating requirements you may have, please let us know at the time of making your reservation. Every effort will be made to try to accommodate you.

The times, schedules, and itineraries are prepared with your comfort and enjoyment in mind. Please understand that we have no control over the weather, traffic, road conditions, or any other circumstances that may occur while we are on trips. From time to time, adjustments may have to be made. We appreciate your understanding.

All day trips and outings must have a minimum of 25 paid participants for the event to take place. Please make your reservations early and payment in full as soon as possible **SO DECISIONS CAN BE MADE.**

![Zion Baptist Church Logo](image)

**2020 Senior League Officers**

Deacon Donella Jo Darby, President/Activity Coordinator

Sister Oceola Y. Briscoe, Vice President

Sister Althea C. Young, Corresponding Secretary

Deacon Debbie Moon, Financial Secretary

Deacon Lora Dyson, Chaplain

Sister Roslyn Jones, Treasurer

Brother Brian Saunders, Business Manager
IMPORTANT INFORMATION

Zion Senior League 2020 Program

1. Payments: Make timely payments for Day trips. The theatre payments are due four (4) weeks before the trip date. Please get your payments to President Donella Jo Darby AS SOON AS POSSIBLE before the travel date.

2. Deposits: For day trips a deposit of Ten Dollars ($10.00) for each seat, NOT $10.00 FOR A GROUP OF SEATS, is needed.

3. Payments by check: Make checks payable to Senior League, NOT Donella Jo Darby or Zion Baptist Church. Mail correspondences to the church:

Please address the envelope: SENIOR LEAGUE

Zion Baptist Church

4850 Blagden Avenue, NW, Washington, DC 20011

4. Checks written to Senior League are not tax deductible when a service is received in exchange for the payment.

5. Final Payment for the 5 day trip (September 21 – 25, 2020) to Hilton Head, SC is due by August 1, 2020.

6. Final Payment for the overnight trip (October 15 – 16, 2020) to Romney, W.VA. is due by September 1, 2020.

7. Checks written for the 2020 Program/Activities will not be deposited in the DC Teachers Credit Union until February 15, 2020. This gives all 2019 outstanding checks time to clear.

8. All Senior League Information is now on the Zion Baptist Church website www.ziondc.org
IN MEMORY OF OUR DECEASED MEMBERS

Rosa McLauren  
Laurence Laws  
Constance Laws  

April 8, 2019  
May 25, 2019  
December 22, 2019

WE WILL BE FOREVER GRATEFUL FOR THEIR SERVICE TO THE  
ZION SENIOR LEAGUE MINISTRY!!

THE ZION BAPTIST SENIOR LEAGUE  
LOOKS FORWARD TO YOU TRAVELING WITH US!!
MORNING MEDITATION

I got up early one morning
And rushed right into the day;
I had so much to accomplish
That I didn’t have time to pray.

Problems just tumbled about me,
And heavier came each task;
‘Why doesn’t God help me?’ I wondered.
He answered, ‘You didn’t ask.’

I wanted to see joy and beauty
But the day toiled on gray and bleak.
I wondered why God didn’t show me
He said, ‘But you didn’t seek’.

I tried to come into God’s presence;
I used all my keys in the lock.
God gently and lovingly chided,
‘My child, you didn’t knock.’

I woke up early this morning,
And paused before entering the day;
I had so much to accomplish
That I had to take time to pray.”

Thought: Always take time to pray and talk to God each day!
“SENIORS ON THE GO”

THANK YOU FOR BEING

A 2020 ZION SENIOR LEAGUE TRAVELER