

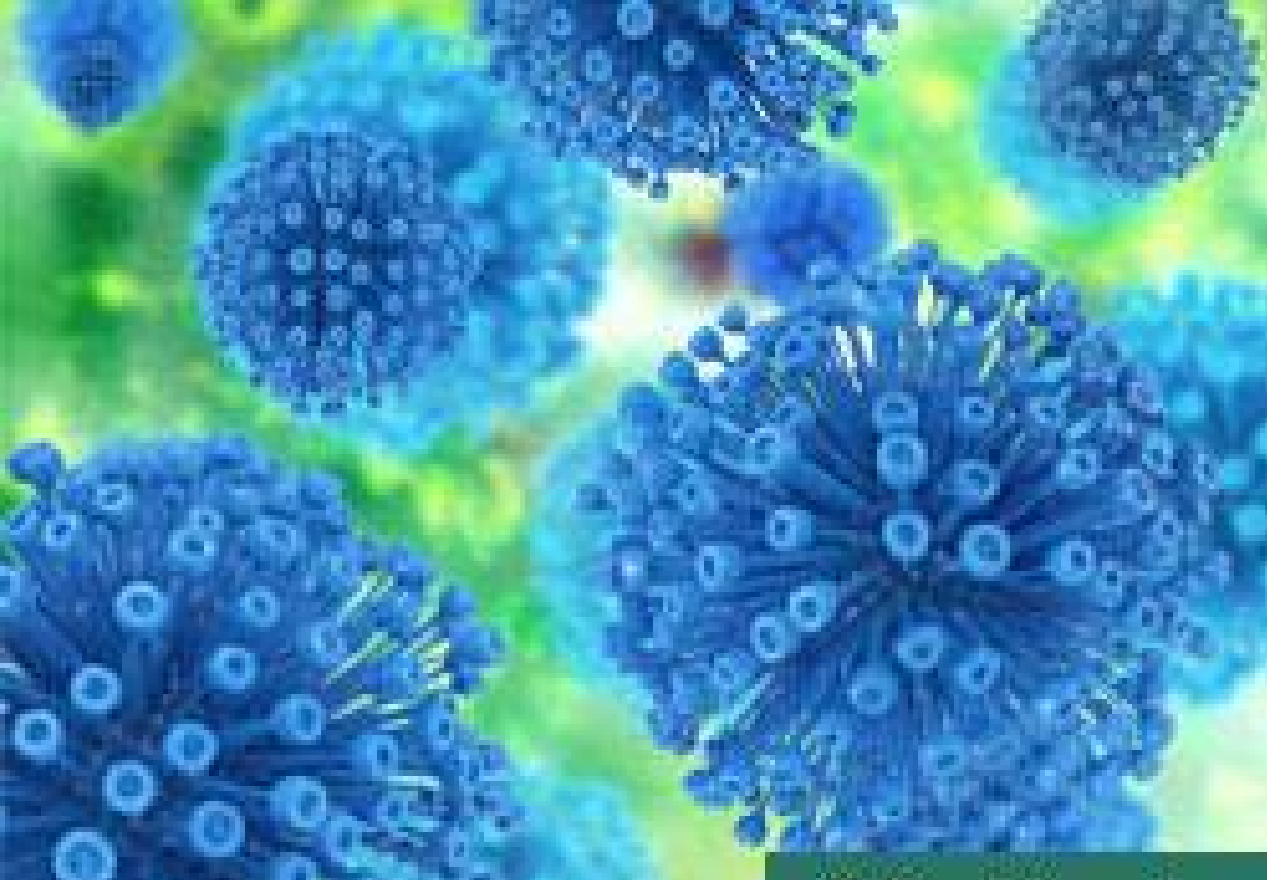


TREATING HIV / AIDS NATURALLY

Theodore Watkins, MD
President/Founder
The Watkins Institute

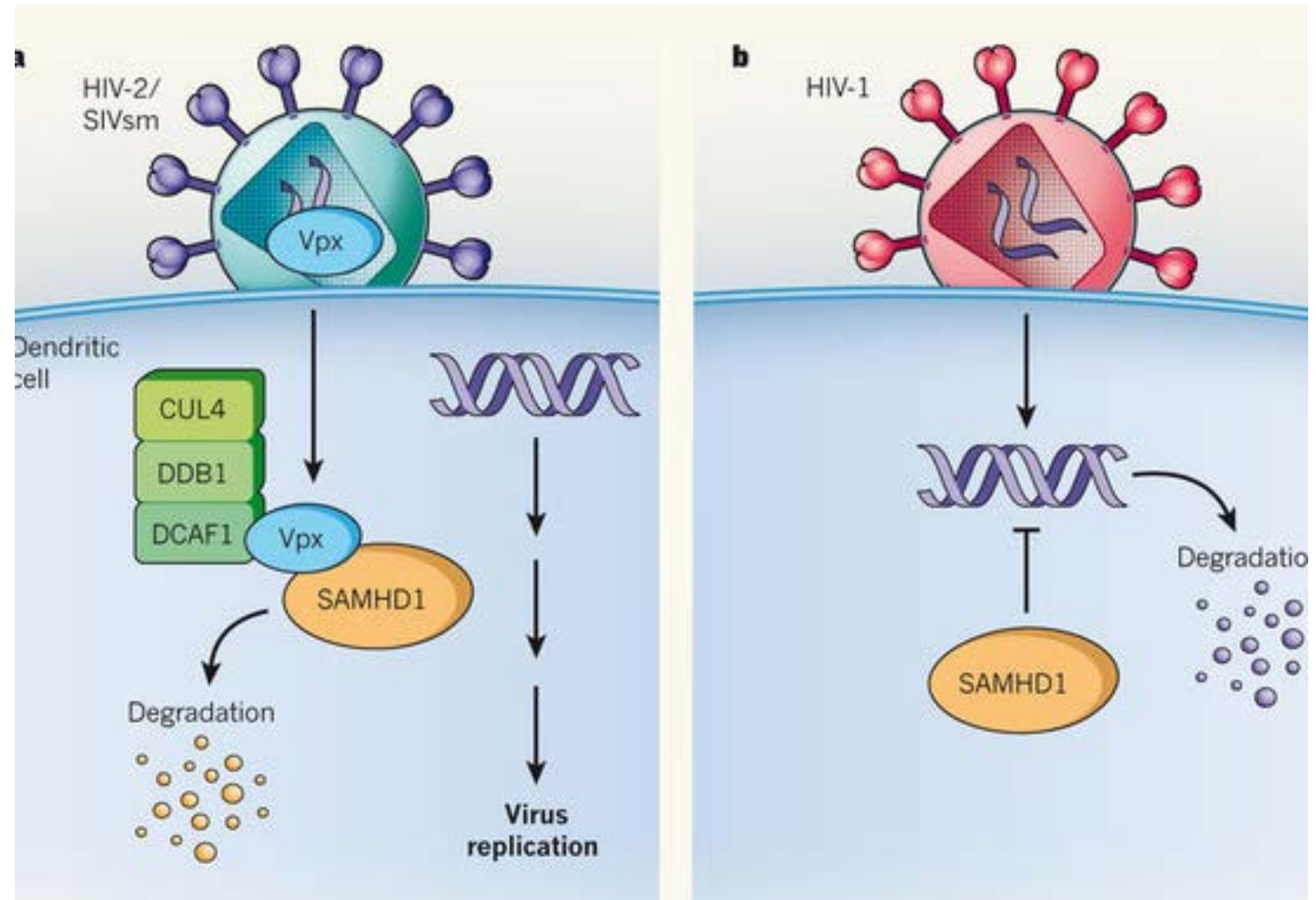
The background of the slide features a microscopic view of blood. Large, spherical red blood cells are scattered across the right side, set against a deep red background. Interspersed among these cells are several blue, spherical virus particles with prominent surface spikes, characteristic of HIV. A dark grey diagonal shape is positioned on the left side of the slide, serving as a backdrop for the main text.

HIV/AIDS ARE STILL KILLERS

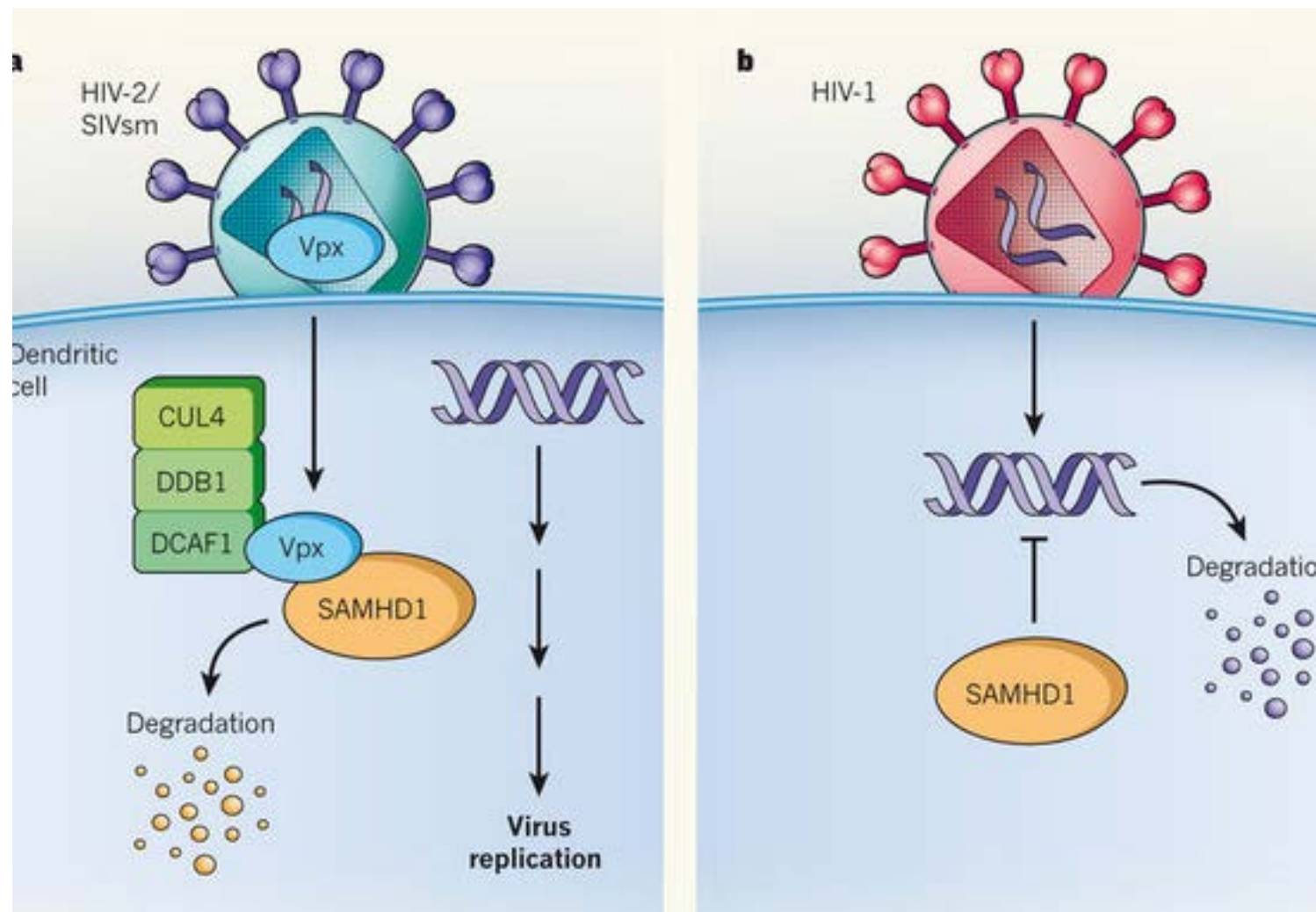


HIV (Human Immunodeficiency Virus) Is A Retrovirus That Attacks The T-Cells Of Our Immune System And Is Spread Generally By Sexual Or An Intravenous Route

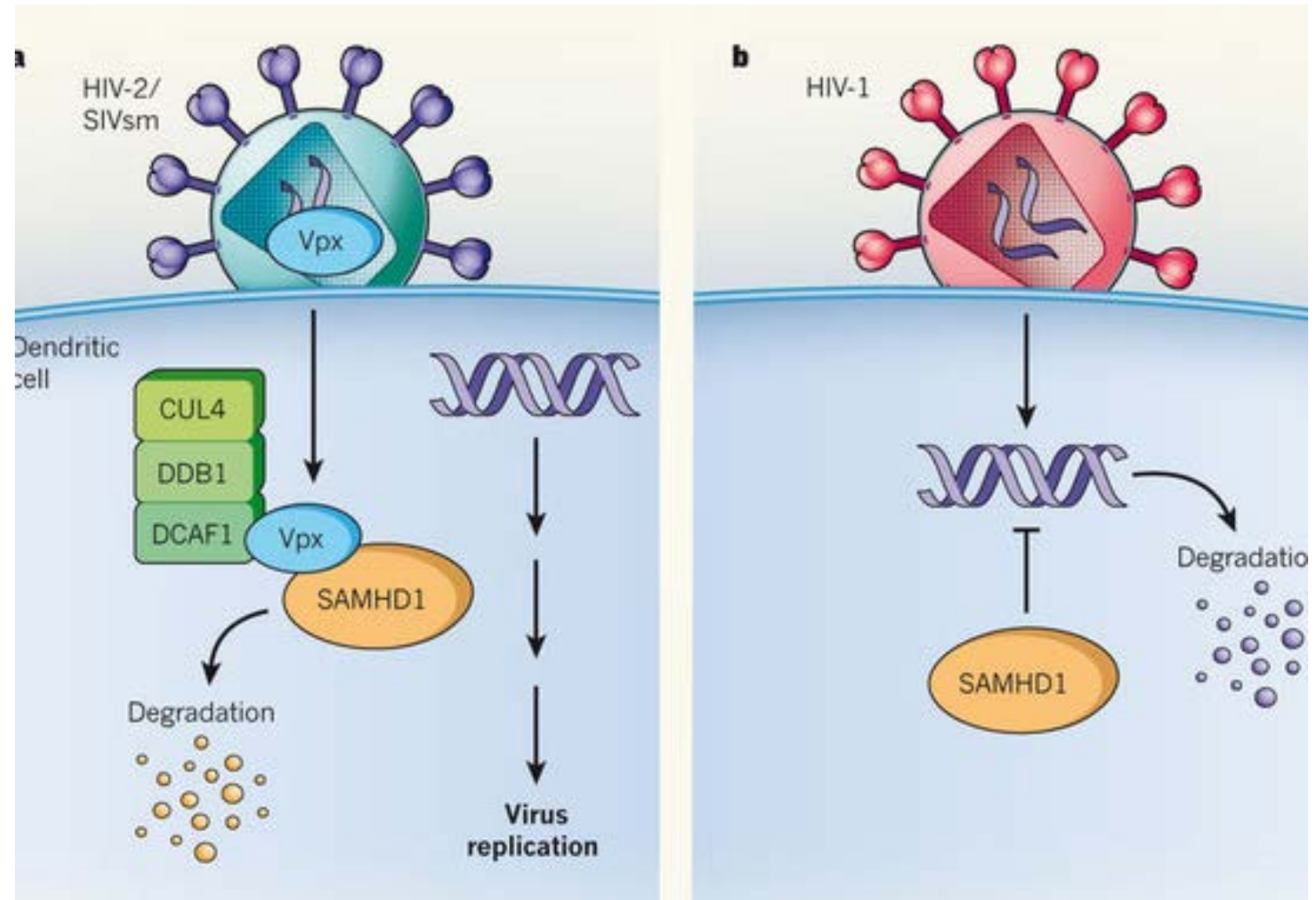
There Are 2
Types of
HIV Viruses
HIV-1 and
HIV-2

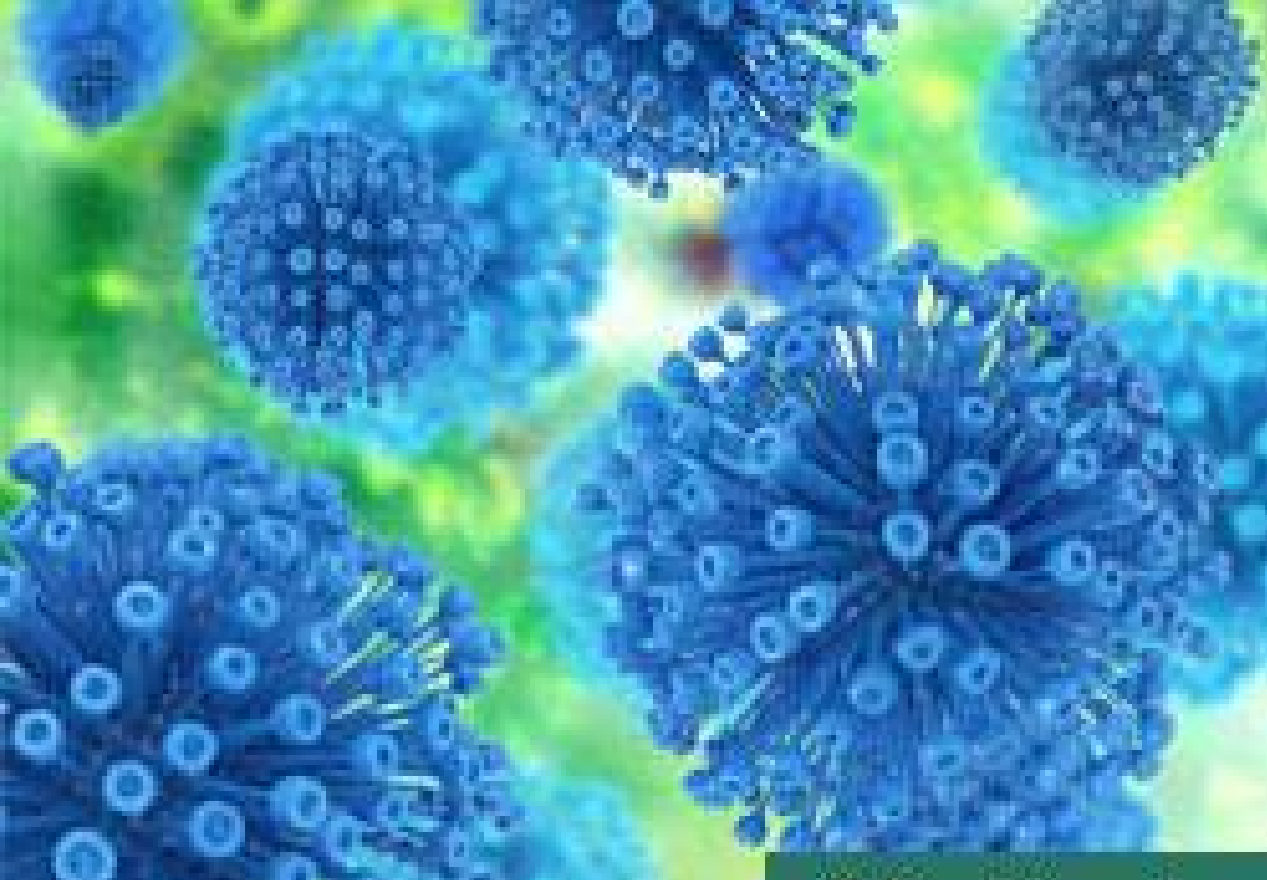


HIV-1 Is Transmitted Through Direct Contact With HIV-Infected Body Fluids (Blood, Semen, Breast Milk, etc.) And Is Responsible For The Majority Of HIV Infections Worldwide. Primarily HIV In The USA Means HIV-1.



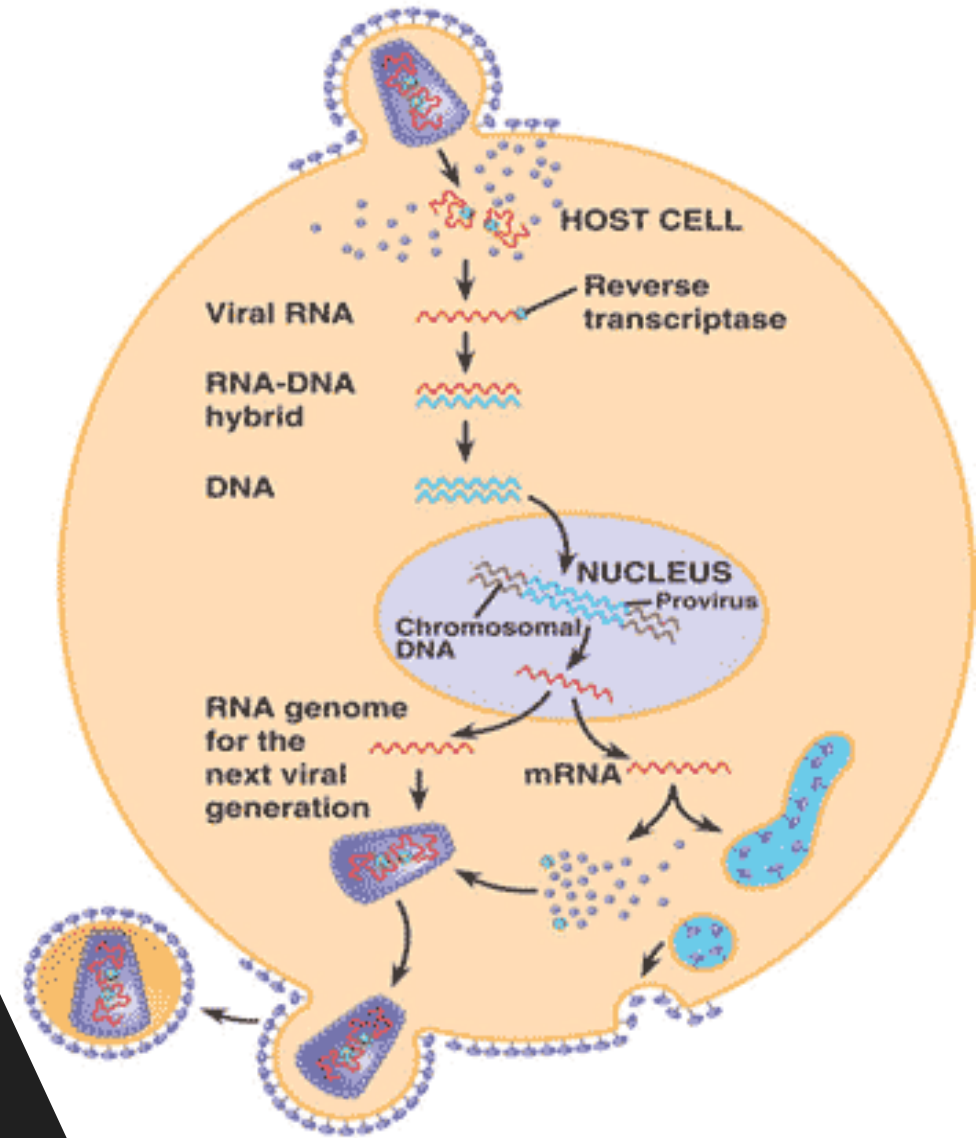
HIV-2 Causes The Most Advanced Stage Of HIV-Infection And Is Endemic To West Africa. It Is Also Transmitted Through Body Fluid (Blood, Semen, Breast Milk, etc.) But It Takes Longer To Progress To Symptomatic AIDS And Has A Lower Mortality Rate.





AIDS Is A Chronic Potentially Life-Threatening Disease Caused By The Human Immunodeficiency Virus, By Damaging Of Our Immune System It Interferes With Our Bodies Ability To Fight It And Lower Our Bodies Resistance To Infection And Malignancy

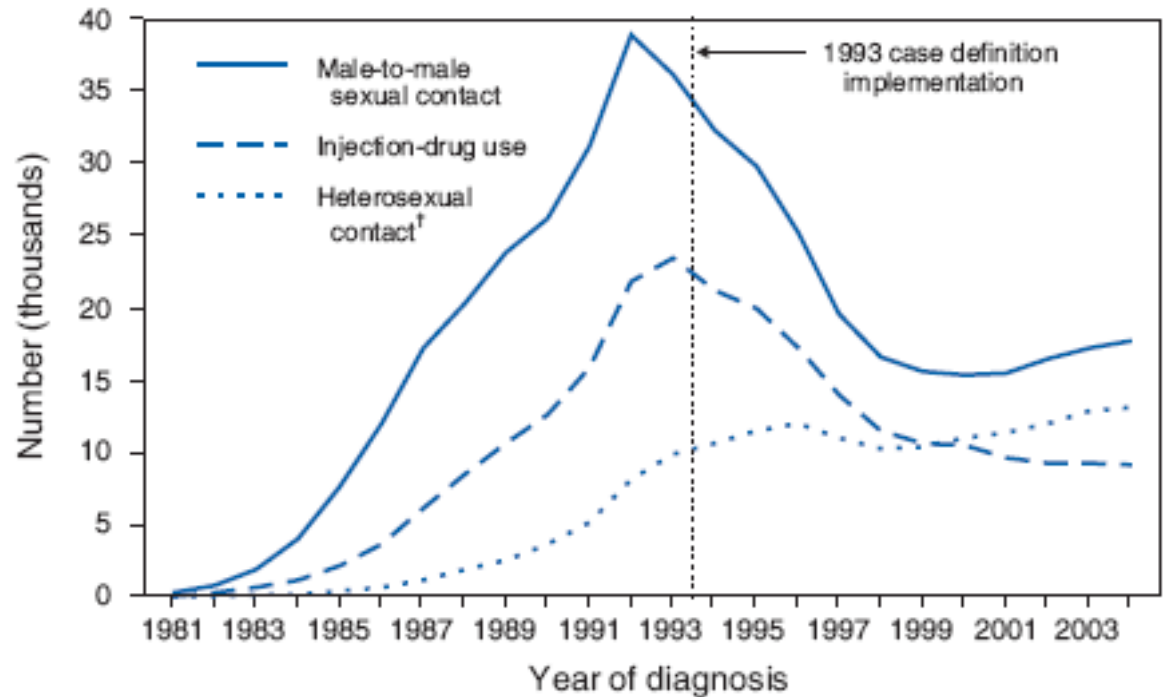
Retrovirus Is Any Of A Group Of RNA Viruses That Insert A DNA Copy Of Their Genome Into The Host Cell In Order To Replicate Itself



Prevalence Of HIV/AIDS In The USA

There Were 37,600
New HIV Infections
In The United
States In 2014.

FIGURE 1. Number of acquired immunodeficiency syndrome (AIDS) cases, by major transmission category and year of diagnosis — United States, 1981–2004*

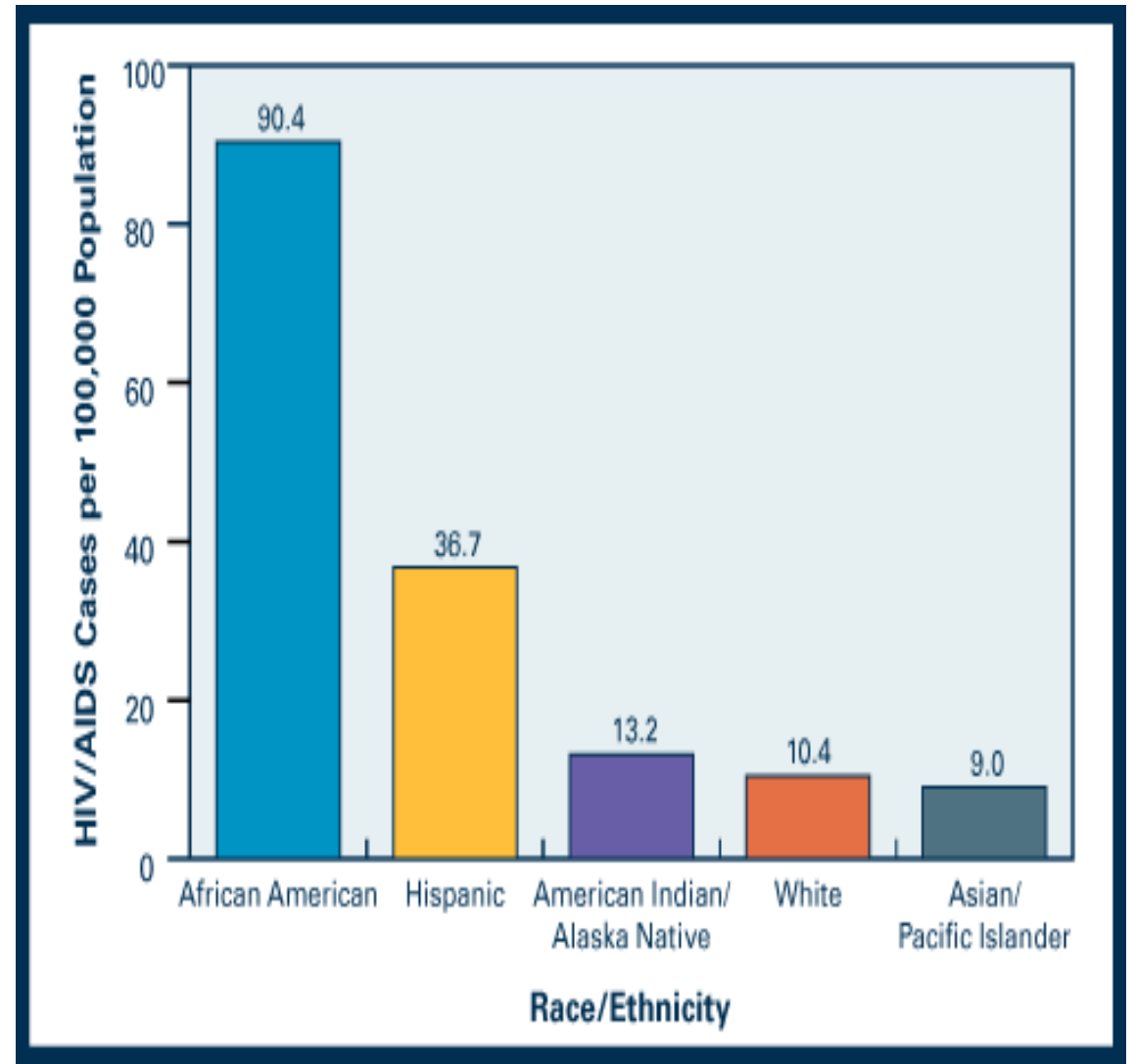


* Data adjusted for reporting delays. Cases without an assigned transmission category were redistributed on the basis of historical trends in risk factors.

† Defined as sexual contact with a person at high risk for or infected with HIV.

Prevalence Of HIV/AIDS

In 2016,
African-Americans
Accounted For 44%
of HIV Diagnoses,
Though They
Comprise 12% Of
The U.S. Population



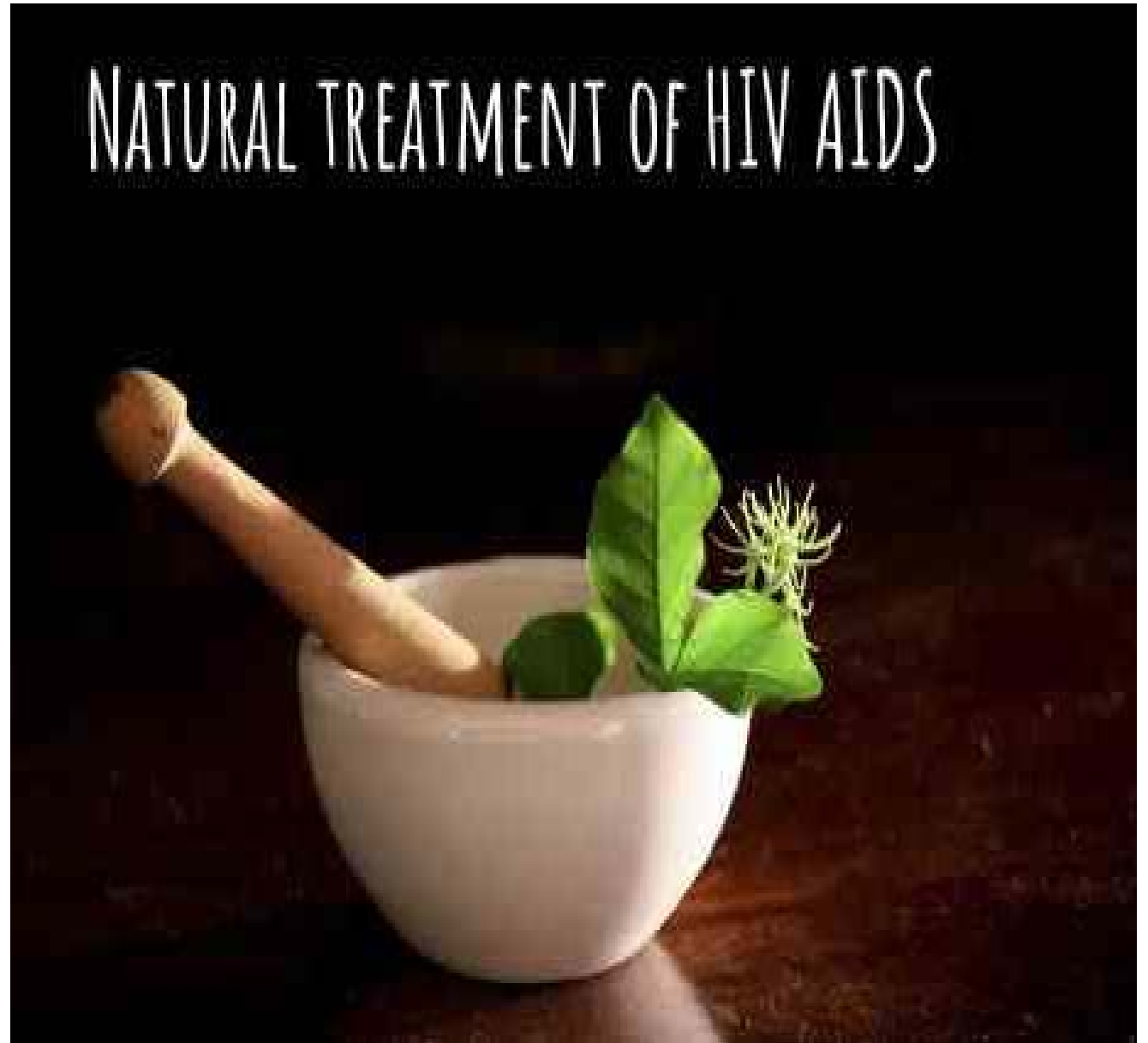
Pharmaceutical
Treatment of
HIV/AIDS Has
Certainly Improved
But There Is Still A
Need For A More
Natural Way Of
Healing



6 Natural Cure To
Acquired Immuno
Deficiency Syndrome

THE WAKINS' INSTITUTE

- **SPIRITUAL SUPPORTIVE THERAPY:** Trust in Divine Power & Prayer
- **NUTRITION THERAPY**
- **EXERCISE THERAPY**
- **DETOXIFICATION THERAPY** (Cleansing Program)
- **HERBAL THERAPY**
- **IMMUNE SUPPORT:** Naltrexone
- **IV SUPPLEMENTATION**
- **LIGHT/ENERGY THERAPY:** Ultra-Violet Irradiation Of The Blood



**SPIRITUAL
SUPPORTIVE THERAPY:
Trust in Divine Power
& Prayer**

**God Is The Only
Real Healer!!!**



NUTRITION THERAPY

- **Fruit & Vegetable (Fresh/Organic)**
 - **Eat Fresh Carrots, Grapes, Cabbage, Asparagus, Brussels Sprouts, Beets, Broccoli, Dark Greens, and Cauliflower**
 - **Eat Raw Fruit or Make Fresh Juice, Including Fresh Lemon and Grape or Carrot Juice**
 - **50-80% of the Meal Should Be Taken Raw**
 - **Asparagus and Garlic Have Both Been Ascribed Antiviral, Anticancer Qualities.**

EXERCISE THERAPY

- Moderate Exercise Stimulates The T-Cells
- No Exercise Or Exhaustive Exercise Depresses The T-Cells





**DETOXIFICATION
THERAPY
(Cleansing Program)**

**Must Rid Body of Toxins
and Poisons That Depress
The Immune System**

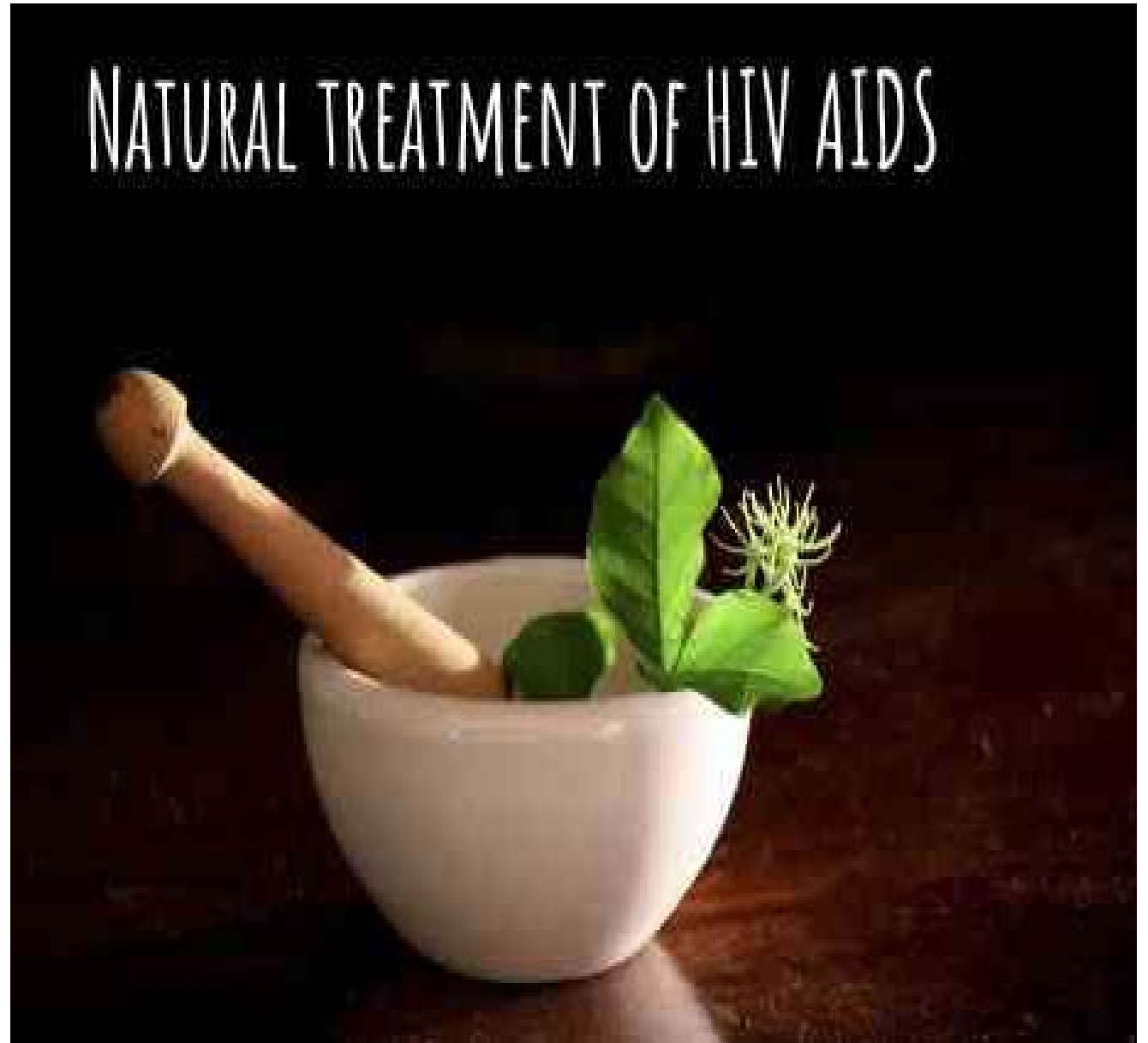
HERBAL THERAPY: Must Give The Body The Natural Life Giving Phytonutrients That Have Shown Their Power To Heal

- **Eden Gold Viral Combo (Echinacea, Myrrh, Garlic, Chaparral, Goldenseal, etc.)**
- **Olive Leaf Extract**
- **Pau d' Arco**
- **Blue Violet**
- **Red Clover**
- **Aloe Vera**



IMMUNE SUPPORT – Naltrexone

**Rebuilding The Immune
System That Is Critical If
We Are Going To Stand
Any Chance of Reversing
This Disease**



IV SUPPLEMENTATION

- Vitamins
- Minerals
- Other Nutrients
- May Give Mega Doses



LIGHT/ENERGY THERAPY

- Ultraviolet Irradiation Of The Blood
- Far Infra Red Sauna
- Electro Magnetic

