



# **Genevieve N. Johnson Senior Day Care Center Advisory Council's Quarterly Newsletter™**

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## **CHAIRPERSON'S MESSAGE**

Greetings Fellow Zionites in the name of Jesus Christ our Lord and Savior!

We are very pleased to share with you our first edition of the quarterly newsletter of the GNJ Senior Day Care Center's Advisory Council. Our purpose of printing this quarterly newsletter is to provide valuable news and information about the wonderful work that is being accomplished at the GNJ Senior Day Care Center and how you can take advantage of these services and programs. If you have a good story about your experience at the GNJ Senior Day Care Center please feel free to share it with us and thank you in advance for your continued support of the GNJ Senior Day Care Center.

*Elaine S. Saunders*

**Chair, GNJ Senior Day Care Advisory Council**

## **MISSION OF THE GNJSDC ADVISORY COUNCIL**

The mission of the Genevieve N. Johnson Senior Day Care Center Advisory Council is to provide advice and guidance to the staff of the GNJ Senior Day Care Center on ideas and initiatives that serve to enhance the awareness and utilization of a wide range of opportunities for the Center's participants and their family members as well as any interested members of Zion Baptist Church and/or the local community. In accordance with the DC Office on Aging's grant to the GNJ Senior Day Care Center an advisory group has been established by Zion Baptist Church and the current advisory council members are as follows:

- Sister Elaine S. Saunders (chair)
- Deacon Bertha Smoot
- Deacon Norma Hutcheson
- Deacon Lillian Cole
- Sister Jane Adams
- Trustee Althea Smith
- Trustee David J. Saunders
- Sister Regina Johnson (ex officio)

Plans are now underway to conduct a comprehensive outreach survey in order to better understand the demographic profile of eligible seniors at Zion Baptist Church so that we can not only improve upon the current services and programs but develop a strategy to market and offer additional services and programs. Accordingly, please feel free to offer any suggestions that you believe might be of interest and we will definitely do our best to consider if applicable. Also, if you would like to volunteer your knowledge, skills and abilities in support of our mission please let us know.

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## OVERVIEW OF THE GNJ SENIOR DAY CARE CENTER

The Genevieve N. Johnson Senior Day Care Center Program (“Center”) is an Adult Day Care Center domiciled in Zion Baptist Church’s Family Life Center located at 4817 Blagden Avenue, N.W., Washington, D.C. 20011. The Center has been in operation for approximately thirty-five years and incorporates quality day care services for the frail elderly as well as the recreation/socialization for the reasonably healthy elderly persons. The Center is located in Ward Four of the District of Columbia and serves residents age sixty years and older throughout the Washington metropolitan area. The Center is a one-of-a-kind program that combines adult day care services and senior center services.

The overall goal of the Genevieve N. Johnson Senior Day Care Center’s Program is to provide an atmosphere designed to enable families to successfully manage the responsibility of quality care for an elderly or frail senior family member in their home environment. The Center provides various rehabilitative, social and recreational activities and services made possible to maintain a high quality of life and forestall early institutionalization. The participants at the Center enjoy recreation and friendship with their peers as well as receive health education, nutrition and family supportive services via counseling, comprehensive assessments and required resources and services after assessments as well as case management reviews and follow-ups.

The Center provides a very important outlet for family caregivers, as it offers socialization, activities, and necessary supervision to those individuals who are socially isolated or in need of essential care and assistance. Caregivers feel confident that their loved ones are in a safe environment and well cared for while they are at work or performing other necessary tasks. The Center offers a variety of programs and amenities, including medical screening, exercise programs, recreational activities, therapeutic services, and a diverse schedule of engaging activities as well as nutritious meals on a daily basis

For many caregivers, the Center provides them with the adult day care services they need in order to adequately care for their aging relative or spouse. Whether they use the Center for respite services or for daily care so that they can work or tend to other responsibilities this is an important option for family caregivers.

Currently, through an annual grant awarded from the D.C. Office on Aging, the Center provides: (a) Adult Day Care Services, (b) Recreational/Socialization Activities, (c) Health Promotion, (d) Counseling, (e) Comprehensive Assessment, and (f) Case Management. These components are accomplished through the provision of: (a) Transportation and Escort Services, (b) Congregate Meals, (c) Therapeutic Arts, (e) Intergenerational Activities, (f) Alzheimer’s Support Group, (g) Music Therapy, and (h) Outreach to the Local Community.

The Center also makes referrals to other services offered to residents of the District of Columbia aged sixty years and older by the D.C. Office on Aging such as: (a) Caregiver Support, (b) Community and Home-Delivered Meals, (c) Information and Referral/Assistance, (d) Legal Assistance, (e) Long-Term Care Planning, (f) Medicaid Enrollment Assistance, (g) Nutrition Programs, and (h) Nursing Home to Community Living Transition. In addition, the Center collaborates with the D.C. Aging and Disability Resource Center (ADRC) for low-income seniors interested in receiving assistance in completing the necessary government forms for Medicaid benefits and the Supplemental Nutrition Assistance Program (SNAP)

Minimal admission criteria are as follows: self-toileting, self-feeding, able to make routine decisions alone, present no threat to self or others, sixty years of age or older and a District resident.

***For more information about the Genevieve N. Johnson Senior Day Care Center please contact Regina Johnson, the Director of the GNJ Senior Day Care Center at (202) 723-8527.***

## ***IMPORTANT NEWS AND INFORMATION FOR OUR SENIORS***

### **Men's Ministry (MMoZ) ATM Initiative (Assistance To Zion Members™)**

In cooperation with the GNJ Senior Day Care Center's Advisory Council and the Zion Baptist Church's Diaconate Sheepfold Ministry, the Men's Ministry of Zion Baptist Church (MMoZ) at least twice a year will schedule home visits to members of Zion Baptist Church for the following volunteer services:

- ▶ Replace or install smoke detectors (free from local fire station)
- ▶ Assistance with grocery shopping and storage of household purchases
- ▶ Assistance with emergency bill paying and budget
- ▶ Engage in talk and listen time (some seniors are just lonely and appreciate having someone visit them from time to time)
- ▶ Include seniors in Family Life Center activities as well as your own family outings when possible
- ▶ Perform small doable household repairs and maintenance
- ▶ Be an advocate for medical and dental appointments and if possible accompany the senior to these appointments.

For more information regarding if you are eligible for using the Assistance To Members™ program please contact Brother Brian J. Saunders at 202-288-3058.

**ZION BAPTIST CHURCH TRANSPORTATION MINISTRY:** The Mission of the Zion Baptist Church Transportation Ministry (ZBCTM) is to provide safe, reliable, convenient and affordable transportation services to members and guests of Zion Baptist Church for the purpose of attending scheduled worship services as well as any other approved church-sponsored activity or event authorized by the Board of Trustees and/or the Pastor of Zion Baptist Church. Members of Zion Baptist Church and their guests utilizing the transportation services should be seniors (above 65 years of age) and/or requiring "special need" assistance. Other Ministries of Zion Baptist Church may also request the use of the Transportation Ministry's services provided said requested usage has been approved by either the Pastor of Zion Baptist Church or another designated Official of Zion Baptist Church. For more information on if you are eligible for using the transportation service please contact Deacon Joseph Dyson at 301-821-3462.

**"SENIOR ASSISTED" PARKING AVAILABLE DURING SUNDAY MORNING WORSHIP SERVICES AT ZION BAPTIST CHURCH:** Did you know that eligible seniors can take advantage of "senior assistance" parking services while attending Zion Baptist Church's Sunday Morning Worship Services? This valuable service is offered in cooperation with Chatman's Army, Hospitality Ministry and Transportation Ministry (CHAT) and if you are interested please simply stop your car in front of the main entrance and ask for a CHAT member. Important Note: You must be certain that you know who is parking your car and let them know if you will be leaving immediately after morning worship service or if you plan to remain afterwards for any meeting/activity after the morning worship services has concluded. For more information about this particular service please contact Trustee David J. Saunders at 240-678-7009.

**GNJ SENIOR DAY CARE CENTER OUTREACH SURVEY.** Please assist us in collecting important demographic information about our Zion seniors so that we can enhance the capacity and resources available to the GNJ Senior Day Care Center. For more information about participating in this important outreach survey, please contact Sister Elaine S. Saunders at 202-285-3416.



## GNJ Senior Day Care Center “OPEN HOUSE”



### Zion Baptist Church Family Life Center

Join us on Sunday September 17, 2017 immediately after service in the Family Life Center for our Fall Open House



Come out to the Genevieve N. Johnson Senior Day Care Center and learn more about the various services and programs available to you and your loved ones while meeting the members of the Advisory Council.

*Sponsored by the GNJ Senior Day Care Center Advisory Council  
in partnership with Zion Community Enterprise, Inc.*